

ACTIVITIES

Besides the main sightseeing attractions there is a variety of recreative and adventure activities on offer in Sabie and surroundings.

Year round manifold possibilities with a wide selection of activities are available:

RECREATIVE ACTIVITIES

GOLF

South Africa is a paradise for golf players, and hence one can find 9 and 18 hole golf courses throughout all regions of the country. The ultimate holiday experience: to combine a round of golf with sightseeing attractions. The following golf courses may be combined with sight viewings:

Sabie Golf Course with 9 holes approx. 2 minutes,

Pilgrim's Rest Golf Course with 9 holes (ca. 34 km) approx. 30 minutes drive,

Hazyview Golf Course with 18 holes (ca. 40 km) approx. 30 minutes drive,

White River Golf Course with 18 holes (ca. 47 km) approx. 40 minutes drive,

The 'one of a life time' opportunity to play golf in the wilderness:

Play golf in the wild at the 9 hole unfenced Golf course in Skukuza in the Kruger National Park and combine with game viewing.

MOUNTAIN BIKING

Experience the tranquillity of the Sabie mountains and forests on mountain bike. Visit the famous waterfalls along endless single track and relax with a pick-nick at the waterfall. Explore the picturesque town of Sabie on mountain bike or be adventurous and take on the trails through forests or along rivers on your own ability and time. Trails are marked and easy to follow and a map will be provided to aid you in making your way around. No matter your age or ability, there is a trail for the beginner as well as for the experienced rider.

Mountain bikes including gear can be hired with or without guide.

WALKS & TRAILS

The region around Sabie attracts with a variety of walks to admire beautiful natural vegetation. Walks are graded from relatively easy to very difficult walks. There are trails for everybody enjoying nature and fresh mountain air whilst letting their thoughts slip away. For relaxing or pretentious walks Mount Sheba Nature Reserve offers astounding scenery consisting of indigenous bush and forest with a wonderful botanical diversity and some wild life whilst criss-crossing streams on numerous occasions. Chirping birds along the trail makes it for an enriching natural experience. The best way to finish off your walks is with a visit to the restaurant where you can enjoy a light meal with splendid views across softly shaped hills into to Pilgrim's Creek Valley.

Tranquillity and lots of fresh air can be experienced whilst doing the Secretary Bird Trail or the Waterfall Walk. After returning the clear cool water invites for a refreshing dip or just finishes off with a pick-nick. The Forest Falls Nature Trail takes you trough fragrant pine forests to the falls. It is the only waterfall in the area that is wider than what it is high.

There is also a circular trail in the Sabie River Valley which leads through indigenous forests next to the river run. After returning enjoy a cup of coffee and cake or a light meal whilst browsing in the shop or viewing the roastery.

SKYWAY TRAILS

Experience the freedom of gliding over one of the last remaining natural forested valleys along the Sabie River. The aerial cable trail takes you down into the valley basin, stopping along the way on a number of elevated platforms to admire the natural vegetation, birdlife and the views of the forest floor below.

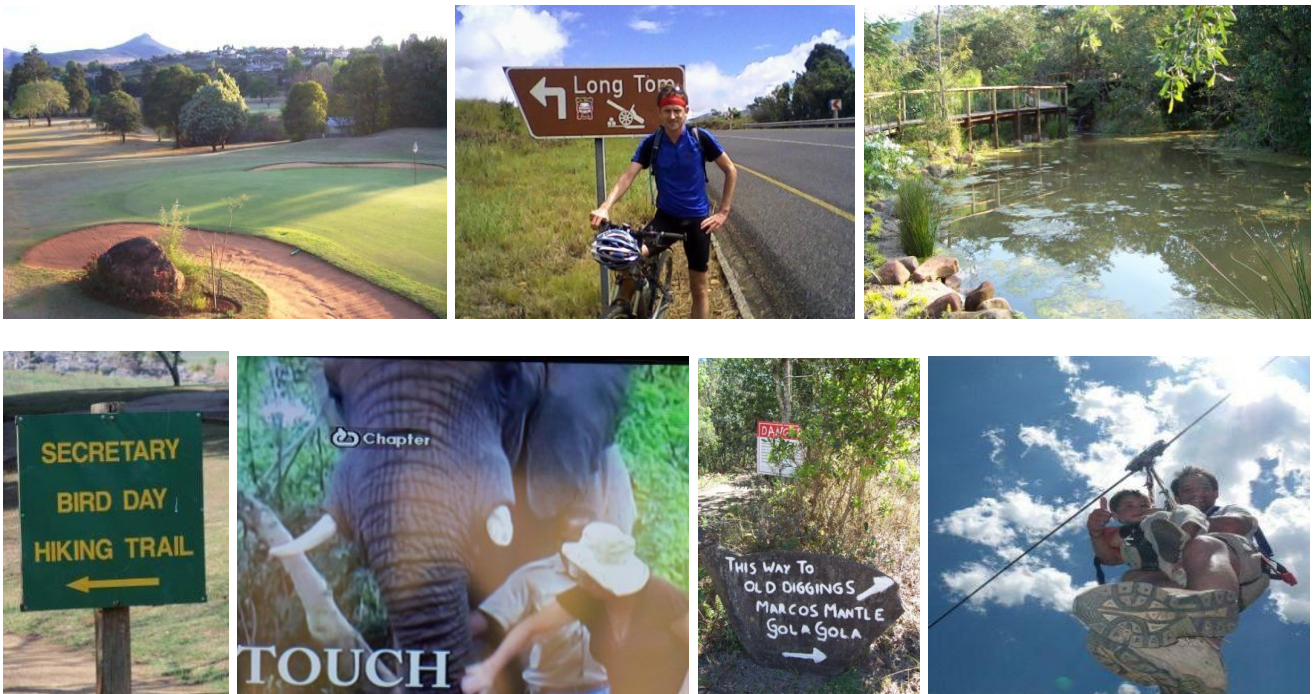
Each section of the trail varies in length from 70 to 230 meters linking a total of 10 platforms, making this the longest cable trail in Africa (1,2km). The trail has been designed and built to South African civil engineering standards and all the equipment has been designed specifically for this activity and tried and tested worldwide. All groups are escorted by qualified guides.

ELEPHANT INTERACTION

Here the interaction with the elephant offers you the opportunity to touch the elephant's skin which is made of different textures as well as underneath their feet, exchange trunk-in-hand greetings and offer them tasty treats. Witness their intelligence, their compassionate nature and sheer delight of interacting with humans. Join us for an unforgettable experience with these gentle giants. The elephant-handlers share their in-depth knowledge regarding intelligence, difference in character and personality of each one of the elephants.

HOT AIR BALLON FLIGHTS

Balloon flights take place in the early hours of the morning before the earth heats up and last about an hour. During the flight passengers can enjoy the spectacular views of the countryside consisting of green forests, indigenous bush, small hills, fruit orchards and hidden valleys. The distant views to the west are of the mountains and towards the east the land gradually flattens out towards the horizon, with the Sabie River winding its way towards the sunrise. Enjoy the balloon floating over the beautiful Sabie River valley or wherever the wind decides to blow it!



ADVENTURE ACTIVITIES

For the thrill seekers amongst you of course there are lots of possibilities to be explored in Sabie and surrounding area. To name but a few of the activities on offer: Bridgeswing, Caving by Candlelight, Canyoning/Kloofing and 'The Big Swing' (jumping & highwire). Experience the adrenalin rush during the following adventurous activities:

ABSEIL: WATERFALL

Descent down Sabie Falls with the water spray in your face and the Sabie River roaring underneath you! It is an awesome and exhilarating way to challenge yourself and conquer your fear. A rush you have never felt before, guaranteed! One person goes at a time controlling his own rope while the Abseil Instructor belays (with a back-up rope) from the top.

ABSEIL: ROCK

Face your fears and step over the edge into oblivion.... This abseiling experience takes place at a 27 m high granite rock site with spectacular views across the Lowveld, the Kruger Nations Park and the Sabie River Valley. It makes going over the edge a breathtaking experience.

QUAD BIKING

The trails lead through leafy indigenous bush and plantations, mountain hills, and winding along the Sabana River and the bubbling Sabie River through the most scenic Sabie River valley. The tracks vary from technical to very easy, so it is suitable for the expert as well as the beginner. All trails are guided, with the emphasis on enjoying nature. The Quad Biking adventure will exceed all your expectations.

GECKOING/WHITE WATER TUBING

Geckoing or White Water Tubing is a popular adventure activity. With this unique adventure you get the chance to descend the Sabie River Gorge with a "Gecko". A Gecko is a white water tube that is oval (makes steering easier) shaped and it has a floor. First float through some calm pools, then go for some smaller rapids before the action starts. Feel the waters of the Sabie River rushing underneath you while you face the rapids. The rapids are Class 2-3 (Grade 2-3) rapids and half way down the section you get the chance to jump off an 8 m waterfall.



**Stay a while longer to explore and experience Sabie.
It's worth it!**

Thank you to Induna Adventures and Markus for providing us with some of the pictures.